

The Survival Guide to

Healthy Relationships

The Survival Guide to Healthy Relationships is a free workshop that focuses on the different types of relationships that people will experience in their lives.

This workshop will examine the common characteristics of relationships, as well as how our behavior and communication style differs in each scenario. It will also provide information on boundaries, personal space, and appropriate greetings in different types of social settings. Important tips about electronic communication and social media will be provided to promote safety in online relationships.

Presenter: Michael Pearson, Jr., Training and Technical Assistance Coordinator,
New Jersey Self-Advocacy Project

**Friday,
June 29th**
from 10:00
to 11:30 AM



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