



JOURNEY DANCE

Dance and movement may influence healing, change our bodies, and affect our emotional well-being. JourneyDance moves us through deep, personal exploration into a loving, intimate relationship with body, mind, and source energy. This sensual and exhilarating union of dance, visualization, and ritual calls us to get funky and divine!



APRIL 13TH FROM 11 AM TO 12 PM
629 AMBOY AVE, EDISON, NJ | COST: \$3.00

ABOUT JOY OKOYE

Joy Lynn Okoye is an experimental movement artist, JourneyDance Facilitator, Integral Yoga Teacher, and Transformational Wellness Coach. She is the creator of Body+Mind+Soul Wellness Coaching programs and workshops which use JourneyDance, creative arts, dramatic arts, and coaching techniques to bring forth a powerful environment for self-healing work.

Learn more here: JOYLYNNOKOYE.COM

REGISTER

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